


coastal calm

Clodagh proves you can go home again

For her first spa in her homeland of Ireland, Clodagh encountered a major challenge: transforming a 3,500-square-foot basement into a space reminiscent of an old Irish home. Located in the cellar of the Lodge at Doonbeg Golf Club in the coastal location of County Clare, Clodagh made the most of the small space, using her serene and nature-inspired signature look to transform it into the tranquil White Horses Spa (named after an ages-old Irish colloquialism for crashing waves since their foam looks like horses' manes and tails). "I wanted to reflect some of the warmth of Ireland and make it hospitable and welcoming," she says, noting that she once again worked with feng shui consultant Sarah Rossback, who also helped her with Sasanqua Spa in Kiawah Island, South Carolina.

Embracing what she calls "silent design," Clodagh used materials and products that don't "cry out for attention." For



The reception area at the White Horses Spa at the Lodge at Doonbeg Golf Club.



instance, in wet treatment rooms, an expanse of Buxy Blue limestone flows from a wall behind the plunge pool to the floor; Venetian plaster hugs the remaining walls and ceiling; and an amenity table designed by Clodagh and manufactured in Ireland lines one wall.

The four treatment rooms are just as pleasing with their subtle colors, various textures, and warm and sensual “low maintenance materials”—oak floors, cabinetry in a light shade of green, and mirrors on walls that expand the room visually, a feng shui element. “I like giving messages through colors and textures that [make] you feel comfortable taking off your clothes,” says Clodagh of her

New York City-based namesake firm.

To further enhance the calming atmosphere, the space is filled with diverse and soothing lighting. Rotating fixtures by Pagani Studios and local artisan Leo Scarff brighten hallways and treatment rooms, while sunlight shines through five slits in a door near reception to create intrigue for waiting guests. And although Clodagh could not incorporate a fireplace into the design, troughs and LED candles gleam in the corridor and wet treatment rooms. “I love working on spas because it can change the world,” she says. “You go in with spiky energy and come out pink and glowing.” **hd**



This page, left to right: A fireplace lights up the reception area; one of the treatment rooms. *Opposite page, top to bottom:* Buxy Blue Stone wraps the floor and baths in the wet treatment room; the corridor leading to the treatment rooms.



**White Horses Spa
at Doonbeg Golf Club**
County Clare, Ireland

Owner Kiawah Resort Associates

Architecture Firm CCH Architects, Dublin

Interior Design Firm Clodagh Design,
New York City

Interior Design Project Team Clodagh,
CEO; Sarah Moylan, project architect; and
Sergio Mercado, project designer

Contractor Hugh McAtamney of John Paul
Construction Ltd.

Engineer Consultant Don O'Malley &
Partners

Spa Consultant Kim Matheson of Natural
Resources Spa Consulting

Feng Shui Consultant Sarah Rossback

RECEPTION AREA

Plaster Walls Casimer Kowalski

Flooring Bo Childs

WET TREATMENT ROOM

Ceiling Light Fixture Pagani Studios

Amenity Table Clodagh

CORRIDOR

Banquette and Sconces Clodagh

Banquette Fabric Jack Lenor Larsen

TREATMENT ROOM

Undermount Sink Kohler

Custom Sconce Leo Scarff

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